

# INTRODUCTION AND INFORMATION

# SUMMARY

WHAT IS BIOMEDIC CLINIC AND RESEARCH CENTER.....pag. 3

INTRODUCTION TO BIORESONANCE .....pag. 4

BIOPHYSICAL TESTS.....pag. 5

BIOPHYSICAL TREATMENTS .....pag. 6

SEE INSIDE OUR CLINIC.....pag. 7

GETTING STARTED WITH BIOMEDIC CLINIC & RESEARCH.....pag. 9

WHERE WE ARE .....pag.10

HOW TO REACH US .....pag.11

LOCAL ACCOMODATIONS .....pag.12

TRANSPORTATION TO AND FROM THE CLINIC .....pag.15

TRANSPORTATION COSTS .....pag.16

HOW TO SPEND YOUR FREE TIME IN OUR AREA.....pag.17

2019 HOLIDAY CLOSURES ..... pag.18

CONTACT FOR ANY ASSISTANCE .....pag.19

# ABOUT BIOMEDIC CLINIC & RESEARCH

Biomedic Clinic & Research is a **Multi-Specialty Medical Center** whose primary focus is **Organic and Biocompatible Medicine**.

At our clinic doctors and complementary medicine professionals work together in the pursuit of providing a complete Integrated Medicine offering. We believe in **customized** and **precise medicine**, catering to the specific concerns of every individual.

At Biomedic Clinic & Research **both conventional and complementary medicine** (also referred to as “natural medicine”, in that it is without side effects) are offered, **with the viewpoint that it isn't “alternative” medicine, but rather one united medical approach, covering a 360 degree scope. The ideal consolidation of all available knowledge in order to provide the patient with the most effective solutions.**

Our clinic includes 6 fully-equipped exam rooms: 2 are designated for our **biophysical testing**, 1 for **general medicine and the Kyminasi Diet** (our patented weight loss program, check your weight at this address <http://seo.biomediccenter.com/index.php?id=42&L=1>), 1 for **posturology and physiotherapy**, 1 for **biocompatible dentistry**, and 1 for specialized medicine examinations (**oncology, urology, esthetic medicine, orthopedics, otolaryngologist**), as well and 4 **therapy rooms**.

Biomedic Clinic & Research is open from **Tuesday to Saturday from 9:00 AM to 7:00 PM** and closed on Sunday and Monday.



# INTRODUCTION TO BIORESONANCE

There is a natural law governing the organic processes of every living being. These processes are first generated, and then controlled, by electromagnetic oscillations identifiable by their specific frequencies, intensities, durations, and wave formations.

Each living cell emits these oscillations, which repeat and travel at lighting speed, providing, in every split second, detailed information about the entire organism and its current condition. But they don't just tell us how the organism is doing, they also tell us what needs to be done in order to return it to its healthiest and most ideal state--not unlike the "feedback system" concept in the field of Information Technology.

These wave frequencies contain a multitude of data, which, as a whole, comprise the very specific and individual spectrum identifying each patient.

Every day an organism enters in symbiosis with the frequencies it also receives from outer stimuli, and the details of these spectrums are an essential part of bioresonance, as well.

Today, using highly specialized equipment, it is possible to locate ailments by a system of comparison: bioresonance can detect the oscillations of the patient and then compare them to the established healthy oscillations with which the body should be operating. These optimal healthy "standard" oscillations are classified and registered as part of a vast database to use as benchmarks for optimal health, and allow us to see where there are discrepancies with the patient's own.

**Bioresonance therapy uses the electromagnetic waves produced by the cells to treat imbalances in the body**, inverting the disturbed frequencies in to their correct, harmonious form and then feeding them back to the body. This process is **completely natural and without any type of side effect**.

**An improvement of the biophysical condition of the organism will help it to attain a gradual normalization of its biochemical processes, thus supporting its overall health and healing.**

# BIOPHYSICAL TESTS

Although Bioresonance is widely used, especially in Central and Northern Europe, the tests do not have definitive scientific validity as established by the international scientific community. However, our thirty-year clinical experience has shown us that this type of testing can be invaluable in many cases.

The information obtained from a Biophysical Test cannot, in any way, replace conventional medical examinations and testing, but rather is to be considered from a biophysical standpoint. The results are not obtained with conventional laboratory testing.

The first test is carried out by a technician only after a full medical exam has been performed.

The purpose of this first test is to identify the possible areas of trouble on which the doctor can focus his own medical analysis, to then evaluate potentially prescribing further conventional exams.

Moreover, it is directed towards locating any correlation between the patient's health complaints and the nutritional considerations, vitamin/mineral deficiencies, toxicities resulting from anything the patient regularly consumes, and any other individual issues.

Based on the information collected from the first test, a program of treatments and further testing can be mapped out, with the objective of restoring balance to the organism for the issues at-hand. Continued testing during the course of treatments is necessary to monitor the progress and changes in the condition which the therapy is accomplishing, and modify it accordingly.

The test is done with the person seated on a chair beside the technician and in front of the bioresonance device. It can be carried out at any time and does not require undressing or any preparatory actions, such as fasting.

It is important to bring with you to the test a sample of any dietary supplement, pharmaceutical drug, homeopathic product, phytotherapy treatment, etc., that you are regularly taking, so that the technician can verify with greater precision the exact effects these substances are having on the body.

# BIOPHYSICAL TREATMENTS

This therapy can be considered a type of “regulatory medicine”, comparable to acupuncture and homeopathy, although it is far more customizable and exact.

It aims to stimulate the body, by activating the organism's own regulatory abilities, and then restoring its balance. In this video is a practical example of this phenomenon:

[https://www.youtube.com/watch?v=uENITui5\\_jU](https://www.youtube.com/watch?v=uENITui5_jU)

...an especially clear illustration if we keep in mind that our organism is made almost entirely of water.

Bioresonance treatments use the electromagnetic frequencies generated by the patient's own cells in order to carry out the necessary therapy.

The therapy is based on a well-known principle in physical science: that a wave of a particular frequency can be cancelled out by inverting that same wave's form, and then feeding it back to the source. Treatment after treatment the faulty wave becomes smaller and smaller until it is completely flat and the healthy frequency is then re-instilled.

The treatment is carried out comfortably laying down on a therapy bed. It is not necessary to undress, though some people are more comfortable removing their shoes. Many people drift off to sleep during the treatment, as they find it particularly relaxing. The duration of a treatment can vary from half an hour to a maximum of one hour. It is also possible to receive more than one treatment per day, up to a maximum of three, in order to speed up the program and obtain the maximum benefits sooner.

This allows people coming in from out of the area, or even abroad, to carry out an intensive program, maximizing their time at the center and obtaining the desired results.

Each treatment is customized according to the results of a newly performed test, which is done just prior to the therapy, in order to monitor the changes that have taken place as a result of the preceding treatments.

The course of treatment is completed when the specific frequency values of the disturbances at-hand have reached 0.

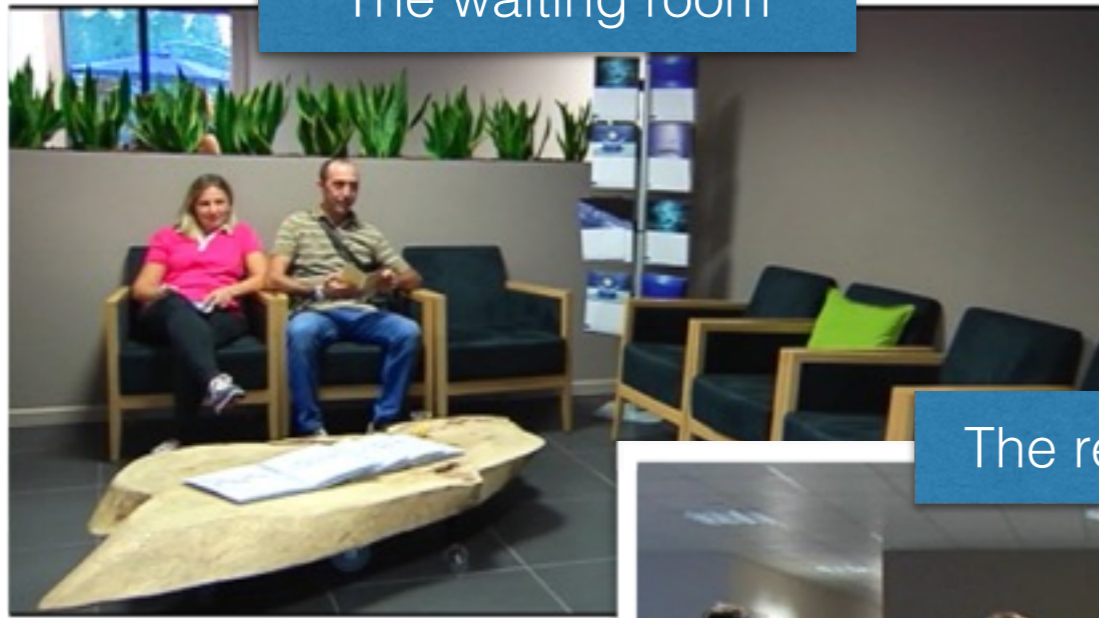
This value means that the organism keeps the “memory” of that problem, but it cannot negatively affect him anymore.

For example, in the case of a food intolerance which causes a number of ailments for the person, that value can begin at an 8 and, treatment after treatment, reach 0. It will now be possible for the person to ingest that food again without any negative consequences.

After a completed program, this new state of the organism is lasting. Further checkups are carried out after a few months in order to verify the stability of the condition and evaluate the possible need for an additional treatment, for reinforcement.

# THE CLINIC

The waiting room



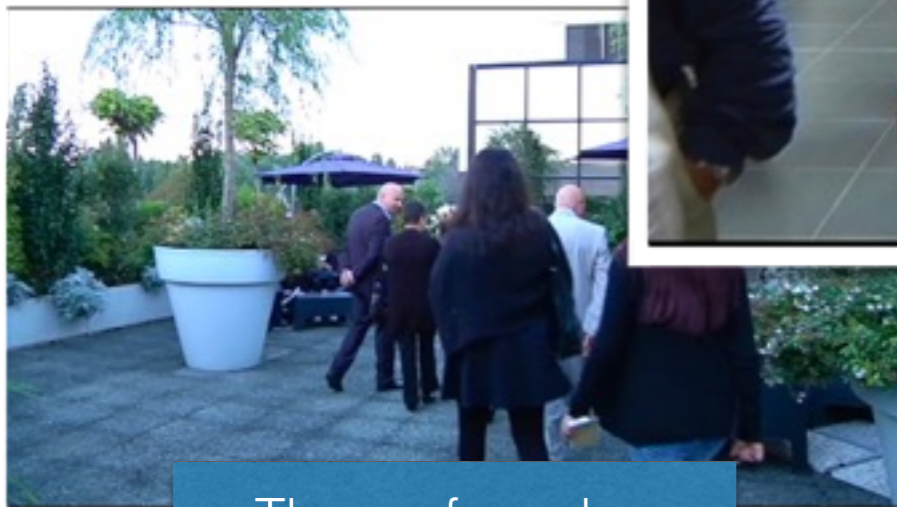
The children's area



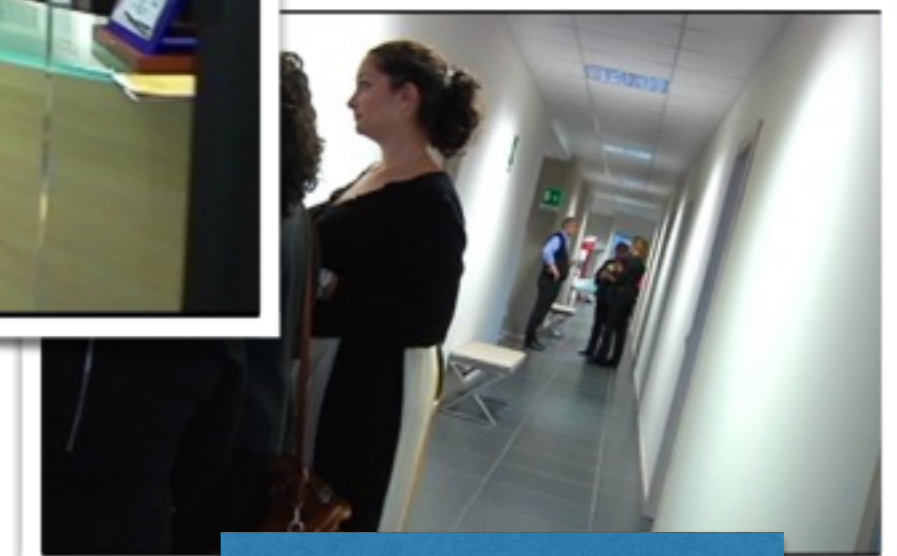
The reception area



The roof garden



one of our hallways



# THE CLINIC



a Biophysical test room



a Biophysical therapy room



The physiotherapy room



## GETTING STARTED WITH BIOMEDIC CLINIC & RESEARCH

In order to provide you with the best service possible, we have designed an exact, step-by-step process to follow:

**1- Please submit an overview of your personal health situation for our review. We will need a completed copy our Data Collection Form (link below), as well as a copy of all medical exam results or treatment/diagnosis documentation in your possession, which you can send as attachments. Here is the link to the Data Collection Form to fill out:**

**link to form: <https://www.biomediccenter.com/en/request-medical-evaluation/>**

**Once we have received the completed Data Collection Form and your additional medical documentation, our medical team and technical staff will carry out their evaluation, at no cost or obligation, in order to determine if our center would be able to provide concrete help for your health concerns.**

**2- Our Department of Technical Services will reply quickly to your request and outline** our Medical Team's feedback and suggested course of action for you. You will also receive specific instructions for your next step at that time.

**3- Once you have evaluated our recommendations, should you decide to come to our center and undertake a program, our Department of Technical Services will be available to help you with anything further for your travel, treatment, and stay.**

## WHERE WE ARE

Biomedic Clinic & Research is located in Northern Italy, near the Italian Fashion Capital: **Milan** (about 40 Km, or 25 miles and about a 40 minutes drive). We are very close to beautiful **Lake Como** (about 15 Km, or 9 miles, about a 15 minutes drive).

BIOMEDIC CLINIC & RESEARCH  
Via Belvedere, 11  
22079 Villa Guardia (COMO) ITALY  
Phone: +39 031 928764  
[www.biomediccenter.com](http://www.biomediccenter.com)

[GOOGLE MAP LINK TO BIOMEDIC CLINIC & RESEARCH](#)

## HOW TO REACH US

The International Airport of **Milan Malpensa** is 48 Km away from the Clinic (29,8 miles = about a 40-45 minutes drive).

**Taxis:** taxis are available around the clock from the airport to our center (cost is about €80 - 2018 rates)

**Private car with driver: your personal driver** will be waiting for you holding a sign with your name at the arrivals area of the airport. If you would prefer this service, we can book it for you and you'll pay the driver directly, or you can make arrangements directly with one of the companies below.

### Contacts:

**Autoservizi Castellino** (also available on short notice with an advance call of 3 hours) - rates: 80€ cash payment, 88€ credit card payment

[www.autonoleggiocastellino.com](http://www.autonoleggiocastellino.com) - Mob. +39 348 3901334 (Elena Castellino) - Mob. +39 32941746 (Roberto) - Email [info@autonoleggiocm.com](mailto:info@autonoleggiocm.com)

Or

**Domenico Cusanna** (best to book the reservation at least 3 days in advance) - rates: 100€ cash payment, 110€ credit card payment

[www.cdsautonoleggio.com](http://www.cdsautonoleggio.com) - Mob. +39 349 160 0430 - Email [cds.ncc@gmail.com](mailto:cds.ncc@gmail.com)

## ACCOMODATIONS

We do not provide overnight lodging within Biomedic Clinic & Research. However we have partnerships with various local hotels, B&Bs and apartments nearby. Here is a selection of a few which offer discounts and special services for our patients.

### APARTMENTS

#### **CASA FOSCOLO** (Apartment)

Distance 1,3 Km, 15 min by foot

5 Persons, 3 Rooms

**Phone +39 031 480 527 - Mobile +39 339 166 6775**

(shuttle available: free to/from Biomedic, with a charge to/from the Como train station or any other destination)

#### **FIorenza HOUSE** (Apartment)

Distanza 4,3 Km

6 Persons, 1 Room

**Mob +39 339 620 2040**

#### **CASA ROSA** (Apartment)

Distance 4 Km

11 Persons, 3 Rooms

**Phone +39 031 354 3094**

**[www.casarosacomo.com](http://www.casarosacomo.com)**

#### **IL CERRO** (Apartment)

Distance 1,3 Km, 17 min by foot

4 Persons, 1 Room

**Mob +39 331 812 050 - Mob +39 339 643 5245** (for english and french)

**[www.ilcerrovillaguardiacomo.it](http://www.ilcerrovillaguardiacomo.it)**

# ACCOMODATIONS

## B&B

### **CASLETT (B&B)**

Distanza 1,7 Km, 21 min by foot

7 Persons, 2 Rooms

**Phone +39 031 480 462**

**[www.bbcaslett.com](http://www.bbcaslett.com)**

### **CASA CERUTI (B&B)**

Distance 2,1 Km, 26 min by foot

16 Persons, 5 Rooms

**Phone +39 031 480 527 - Mob +39 339 166 6775**

**[www.casaceruti.altervista.org](http://www.casaceruti.altervista.org)**

(shuttle available: free to/from Biomedic, with a charge to/  
from the Como train station or any other destination)

### **LE PALME (B&B)**

Distance 2,9 Km, 37 min by foot

8 Persons, 3 Rooms

**Mob +39 347 451 5387**

**[www.bblepalme33.it](http://www.bblepalme33.it)**

### **THREE B (B&B)**

Distanza 4,1 Km

4 Persons, 2 Rooms

**Mob +39 335 708 2533**

**[www.three-b.it](http://www.three-b.it)**

### **VILLA CAVADINI RELAIS (B&B)**

Distance 5,8 Km

8 Persons, 4 Rooms

**Mob +39 329 222 3415 - Mob +39 329 413 1455**

**[www.villacavadini.it](http://www.villacavadini.it)**

# ACCOMODATIONS

## HOTELS

**B&B HOTEL COMO** (Hotel\*\*\*)  
Distance 5,9 Km  
**Phone +39 031 339 0034**  
<http://www.hotel-bb.com>

**JUST HOTEL** (Hotel \*\*\*\*)  
Distance 12,2 Km  
**Phone +39 02 969 418 01**  
[www.justhotelomazzo.it](http://www.justhotelomazzo.it)  
(discounts are not valid in high season and during local fairs or events)

**HOTEL CRUISE** (Hotel \*\*\*\*)  
Distance 3,6 Km  
**Phone +39 031 478301**  
[www.hotelcruise.it](http://www.hotelcruise.it)

The code to be indicated if you book on the website is "CRUISEBIO"

discounts are less and limited to availability during local fairs and events (the rates of all hotels double)

### 2019 local fairs and events calendar:

**8 - 17 April 2019**  
("Salone del Mobile" in Milan and "Proposte" in Cernobbio)

**17 - 22 June 2019**  
(ICML in Lugano)

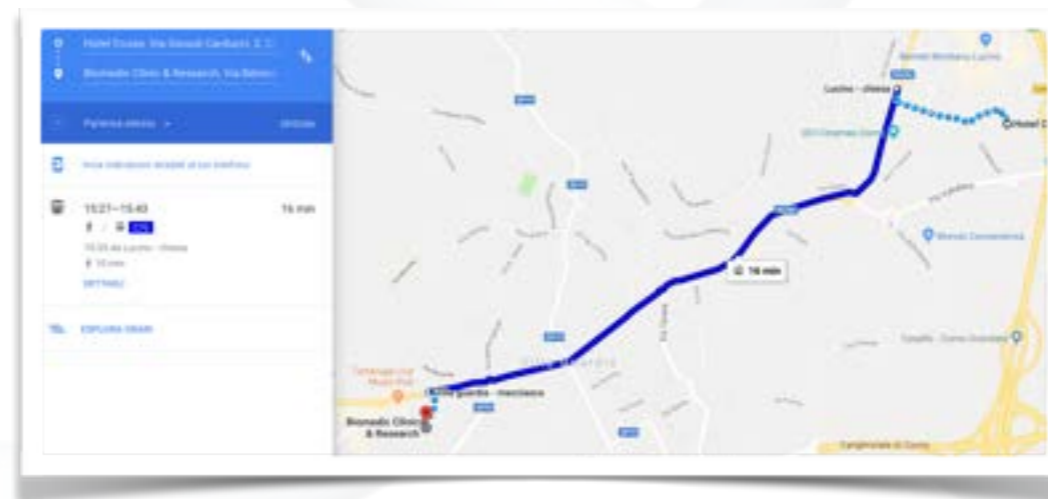
**5 - 8 September**  
(Gran Prix F1 in Monza and "Ambrosetti Fair" in Cernobbio)

## TRANSPORTATIONS TO/FROM HOTEL & CLINIC

The following services are given here as a resource, but can not be directly provided or booked by Biomedic Clinic & Research. Please make these arrangements directly with the resources listed.

Biomedic Clinic & Research is located in a small village and therefore local public transportation is not as readily available as it is in a big city. The most convenient solution is to have one's own rental car.

- you can **rent a car** on your arrival directly at Malpensa Airport
- you can call a **taxi** but please note it is quite expensive since there is not a taxi service located in Villa Guardia (any taxis arrive from the nearby city of Como). This means that even if your hotel is only 4 Km away from the Clinic, the rate is about **40€** for one transfer, once the taxi has come from Como to get you.
  - Radio Taxi Lario 2000
  - [www.taxicomo2000.it](http://www.taxicomo2000.it) - **Phone.** +39 031 272 000
- Personal **Car with driver**: with this service we can help you to schedule your pick-up and return, to and from the center, for a specific day, or even for multiple days covering your entire stay:
  - **Autoservizi Castellino**
  - [www.autonoleggiocastellino.com](http://www.autonoleggiocastellino.com) - Mob +39 348 3901334 (Elena Castellino) - Mob. +39 329 9441746 (Roberto) - **see rates on the next page.**
- **Bus** - please check if this is a feasible option based on your lodging choice. For example from Hotel Cruise the total trip is 10 minute walk and then 6 minute bus ride



## TRANSPORTATION COSTS

(The following services are given here as a resource, but can not be directly provided or booked by Biomedic Clinic & Research. Please make these arrangements directly with the resources listed)

Personal **Car with driver**: we can help you to schedule your pick-up and return to and from the center for a specific day, or even for multiple days covering your entire stay, with this service:

### **Autoservizi Castellino**

[www.autonoleggiocastellino.com](http://www.autonoleggiocastellino.com) - **Mob +39 348 3901334 (Elena Castellino) - Mob. +39 329 9441746 (Roberto)**

RATES FOR EACH TRANSFER WITH CAR: (for more than 2 people they usually send a van, so if you don't have many luggage please specify that you want a car)

- Milan Malpensa Airport - Villa Guardia (Biomedic or Apartments in the village) **€ 80 CAR / € 100 VAN**
- **Milan Malpensa Airport - Hotel Cruise € 90 CAR / € 110 VAN**
- Milan Linate Airport - Villa Guardia **€100 CAR / € 120 VAN**
- **Milan Linate Airport - Hotel Cruise € 110 CAR / € 130 VAN**
- Milan Central Station - Villa Guardia **€90 CAR / €110 VAN**
- Como - Villa Guardia **€45**
- Fino Mornasco - Villa Guardia **€25**
- Appiano Gentile - Villa Guardia **€25**
- Hotel Cruise (Montano Lucino)- Villa Guardia **€25**
- Just Hotel (Lomazzo) - Villa Guardia **€35**

**PAYMENT WITH CREDIT CARD: ADDITIONAL 10%**



## HOW TO SPEND YOUR FREE TIME IN OUR AREA

(The following suggestions are given here as a resource, but can not be directly provided or booked by Biomedic Clinic & Research. Please make these arrangements directly with the contacts listed)

In the “down time” during the course of your treatment you are welcome to rest and catch up on your sleep.

However if you would like to explore Lake Como and its charming communities and surrounding nature, or take some time to stroll through Milan's world-famous shopping-districts, museums, and cultural offerings, feel free to engage one of the contacts below.

**Roberta** is a professional tour guide who, upon request, will accompany you to see the best that this part of the world has to offer. You can call her for suggestions and quotes. She used to work with American tourists in Lake Como and is available for recommendations of where to eat, what to see, and how to make the best of your time here.

Feel free to contact her by phone or e-mail (make sure to tell her that you are sent by Biomedic Clinic & Research)

<http://guidecomo.it/en>

[info@guidecomo.it](mailto:info@guidecomo.it)

mob. +39 335 6759319

If you want to go to Milan or Lake Como without a guide, or if the tour guide arranges to meet with you directly on-site, you can get there using one of these personal car and driver services:

**Elena Castellino** Mob. +39 348 3901334 - [info@autonoleggiocm.com](mailto:info@autonoleggiocm.com)

or

**Domenico Cusanna** Mob. +39 349 160 0430 - e-mail [cds.ncc@gmail.com](mailto:cds.ncc@gmail.com)

suggest calling at least 2 hours in advance.

# 2019 HOLIDAY CLOSURES

(in red the dates we are closed: weekly closure, national holidays and observances, summer and christmas holidays )

**January**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
1			1	2	3	4	5
2	6	7	8	9	10	11	12
3	13	14	15	16	17	18	19
4	20	21	22	23	24	25	26
5	27	28	29	30	31		

**February**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
5						1	2
6	3	4	5	6	7	8	9
7	10	11	12	13	14	15	16
8	17	18	19	20	21	22	23
9	24	25	26	27	28		

**March**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
9						1	2
10	3	4	5	6	7	8	9
11	10	11	12	13	14	15	16
12	17	18	19	20	21	22	23
13	24	25	26	27	28	29	30
14	31						

**April**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
14		1	2	3	4	5	6
15	7	8	9	10	11	12	13
16	14	15	16	17	18	19	20
17	21	22	23	24	25	26	27
18	28	29	30				

**May**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
18				1	2	3	4
19	5	6	7	8	9	10	11
20	12	13	14	15	16	17	18
21	19	20	21	22	23	24	25
22	26	27	28	29	30	31	

**June**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
22							1
23	2	3	4	5	6	7	8
24	9	10	11	12	13	14	15
25	16	17	18	19	20	21	22
26	23	24	25	26	27	28	29
27	30						

**July**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
27		1	2	3	4	5	6
28	7	8	9	10	11	12	13
29	14	15	16	17	18	19	20
30	21	22	23	24	25	26	27
31	28	29	30	31			

**August**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
31					1	2	3
32	4	5	6	7	8	9	10
33	11	12	13	14	15	16	17
34	18	19	20	21	22	23	24
35	25	26	27	28	29	30	31

**September**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
35	1	2	3	4	5	6	7
36	8	9	10	11	12	13	14
37	15	16	17	18	19	20	21
38	22	23	24	25	26	27	28
39	29	30					

**October**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		

**November**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

**December**

WK	SUN	MON	TUE	WED	THU	FRI	SAT
48	1	2	3	4	5	6	7
49	8	9	10	11	12	13	14
50	15	16	17	18	19	20	21
51	22	23	24	25	26	27	28
52	29	30	31				

FOR ANY QUESTION OR ASSISTANCE

Department of Technical Services

staff contact: Alessandra

e-mail: [servizitecnici@biomediccenter.com](mailto:servizitecnici@biomediccenter.com)

phone: +39 031 928764

